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YUSN Alumnae Newsletter

Yale School of Nursing

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Yale University School of Nursing

ALUMNAE ASSOCIATION

Newsletter

New Haven, Connecticut

Winter 1969

Yale Alumni Day, Saturday, February 22, 1969

- School of Nursing 9:00 Registration, Winslow Auditorium, LEPH, 60 College St.,
(around the corner from the medical school, just off Congress
Avenue). Refreshments.
- 9:30-10:30 Miss Eileen Hasselmeyer, visiting Annie W. Goodrich
Professor, will speak on "Care of the Newborn, 1969".
- 11:00 In Sprague Hall, a panel discussion on "A Closer Look at Coeducation at Yale",
Elga R. Wasserman, chairman, Planning Committee on Coeducation; Henry
Chauncey, Jr., '57, administrator for planning on coeducation; Aviam Soifer,
'69, undergraduate representative on the Planning Committee on Coeducation.
- 12:30 Alumni Luncheon and Award of Yale Medals. Remarks by President Brewster,
University Dining Hall.
- 2:15 Alumni Meetings: I. The Community Council and Student Sprague Hall
Yale and the Com- Volunteers - C. Tracy Barnes, '33
munity special assistant to the President;
Three simultaneous Herbert A. Cahoon, director of volun-
sessions teer services; undergraduate volunteers.
- II. The Medical Center in an Era of Urban Yale Law
Social Change - Dean of the Medical School
School Fredrick C. Redlich, M.D., Auditorium
moderator. Panelists: Adrian M. Ostfeld,
M.D., chairman, department of epidemi-
ology and public health; Charles B. Womer,
director, Yale-New Haven Hospital;
Claudewell S. Thomas, M.P.H. '64,
associate professor of psychiatry, public
health, and sociology; E. Richard
Weinerman, M.D. '38, professor of
medicine and public health.
- III. Teaching and Research in the Problems Strathcona
of the City - Joel L. Fleishman, LL.M. Auditorium
'60, associate provost for urban studies
and programs, moderator. Panelists:
Peter A. Lupsha, assistant professor
of political science; John O. Wilson, '38,
assistant professor of economics.

PLEASE NOTE: A separate notice about Alumni Day will not be sent out. A card is attached to the notice in the Yale Alumni Magazine. This should be torn out and sent in if you plan to attend any activities. There will be an interesting exhibition at the Medical Historical Library on "Some Photogenic European Hospitals of the Fourteenth to Eighteenth Centuries". 8:30 A. M. to midnight.

Report on the Alumnae Fund

As of January 10, 1969, \$5,246 has been contributed, compared with \$5,520 at this time last year. There have been 408 donors so far, as compared with 497 last year at this time. Participation so far is only 25.5%. Last year's total participation was 48.4%. So, keep those checks coming! Incidentally, the Alumnae Association just paid the bill for the Alumnae Directory - \$2,288. Your contributions help pay for this. Although checks are made out to "Yale University", all of the money is sent to the School of Nursing.

New Appointments at YSN

Eileen G. Hasselmeyer, an authority in the field of prenatal, and pediatric nursing, has been appointed Annie W. Goodrich Professor of Nursing at the Yale School of Nursing.

The appointment for the current academic year was announced by Margaret Arnstein, dean of the school. Prof. Hasselmeyer is presently acting director of the Perinatal Biology and Infant Mortality Branch of the National Institute of Child Health and Human Development (NICHD) and holds the rank of nurse director in the U.S. Public Health Service Commissioned Nurse Corps.

A graduate of the Bellevue School of Nursing in New York, Prof. Hasselmeyer received her B.S. degree in nursing education from New York University in 1954, an M.A. in administration in 1956, and a Ph.D. in nursing science in 1963.

A new program in Public health nursing will be established in the Yale School of Nursing next September, 1969. Audrey M. McCluskey, formerly of the Cornell School of Nursing faculty, will be the first chairman of the new program. She will hold the rank of Associate Professor of Public Health Nursing.

Dean Arnstein has stated: "Miss McCluskey is known professionally throughout the country as an educator and administrator experienced in nursing

education as applied to the needs of the community. We are fortunate to have secured a person of her insight and dedication to head the school's new specialty area."

Miss McCluskey was formerly associated with the Cornell University-New York Hospital Medical Center where she held positions in nursing education and nursing service. As Assistant Professor at Cornell in 1954 she originated plans for a widely acclaimed demonstration project on the better care of patients with long-term illness. The project was conducted under the joint auspices of Cornell and the National League for Nursing.

As head of the public health nursing program at Yale, Miss McCluskey will have the responsibility for integrating the public health nursing aspects of teaching, service, and research with other disciplines. "Initially," says Dean Arnstein, "it will be her responsibility to identify the skills and knowledge required to assume the public health nurse's expanded role and to realize the scope of the nursing potential in the community."

Miss McCluskey graduated from the Cornell University New York Hospital School of Nursing and received a B.S. degree from Temple University, Philadelphia, in 1944. The following year she was appointed an Instructor at Cornell-New York Hospital School of Nursing and was named Assistant Professor in 1954. When she left Cornell in 1962, she was Associate Professor of Nursing and director of the maternity and gynecologic service (The Lying-In Hospital).

While in New York, Miss McCluskey was also a staff nurse with the Visiting Nurse Service of New York. In 1959 she received a fellowship award from the National League for Nursing and pursued advanced study in public health. From 1965 to 1967 she served with the National League for Nursing as director of the Nursing Advisory Service.

In 1948 Miss McCluskey earned an M.A. degree in teaching and supervision from Teachers College, Columbia University. In 1960 she received

an Sc. M. Hygiene degree from the Harvard University School of Public Health in the field of public health practice.

When she came to Connecticut in 1962, Miss McCluskey was with the Hamden Public Health Visiting Nurse Association in Hamden for three years as staff nurse and, subsequently, as supervisor. In 1967 she joined the Visiting Nurse Association of New Haven as Assistant Director.

Miss McCluskey is co-author of a widely used textbook, "Medical-Surgical Nursing," now in its fourth edition. The text has been translated into Japanese, Polish, and Turkish and serves as a principle educational source for nurses in those countries and in the Philippines.

Special Award to Ruth Gilbert

It is with sadness that we report the death of Ruth Gilbert, '27 B.N., '44 M.A., on December 8. In November, the School had received the following informational release from the University of Michigan School of Public Health.

The Mental Health Section of APHA has the honor of announcing that its first Mental Health Award is being given to Miss Ruth Gilbert, M.A. of Albany, New York.

Miss Gilbert was born in Albany, New York, received her B.A. from Mount Holyoke College, a Bachelor's in Nursing from the Yale University School of Nursing, with "postgraduate psychiatric nursing" at Butler Hospital, Providence, R.I. She then had a year of psychiatric social work at the New York School of Social Work, after which she received a Master's degree (in Sociology) from the Yale School of Graduate Studies.

Miss Gilbert was a staff nurse and supervisor with the Milbank Rural Health Demonstration in Cattaraugus County, N. Y. and a "Mental Hygiene Supervisor" with the Milbank Health Demonstration in Syracuse, N. Y. She worked with the VNA of Hartford, Conn. as a "Mental Health Consultant" and during this time was also a case worker in the Hartley

Salmon Child Guidance Clinic. In New Haven, Conn. she worked with the "Psychiatric Service in the Community" for nine years as Chief of Social Service, working with the community agencies as a consultant on problems of children. After this, Miss Gilbert was an assistant professor and then full professor at Teachers' College, Columbia University, where she was part of the NIMH supported program in Mental Health and Psychiatric Nursing for 13 years. She was here chiefly responsible for training Mental Health-Public Health Nursing Consultants. She has been a visiting instructor in numerous colleges and universities throughout the U.S. and Canada.

In addition to numerous papers, Miss Gilbert is author of "The Public Health Nurse and Her Patient" published by the Commonwealth Fund.

The Mental Health Section of APHA presented to Miss Gilbert a plaque "In recognition of her role in nurturing Mental Health Nursing." Miss Gilbert early foresaw the new role which nurses would have in mental health activities and was among the first to establish a related training program. Then, as now, the idea of mental health nurses working in the community instead of in an institution was beyond the comprehension of many professional groups. In the course of this program, Miss Gilbert formalized the concept of the skills required in consultation and taught Mental Health Nurses and other mental health professions this essential function of all community mental health activity.

New Faces at the Yale-New Hospital

It may be of interest to alumnae not connected with the hospital at the present time to know "who's in charge here" now:

Charles B. Womer is now the Director, having succeeded Dr. Albert W. Snoke last winter. Mr. Womer graduated from Case Institute of Technology with a degree in mechanical engineering,

but abandoned this profession 18 years ago to enter the field of hospital administration. His graduate work was done at Columbia in hospital administration. He came to Yale-New Haven from Cleveland, where he was Assistant Director, University Hospitals. Dr. Snoke remains connected with the hospital in an advisory capacity and as Professor of Public Health (hospital administration).

Miss Anna E. Ryle, B. A. Trinity 1930, B. N. Yale 1933, M. S. Western Reserve 1949, is Director, Division of Nursing, Assistant Director for Nursing Services and Nursing Education, Yale-New Haven Hospital, as well as Professor, Nursing Administration, Yale School of Nursing. Miss Claire O'Neil was appointed Director of In-patient Nursing Services, effective April 1, 1968. Her last appointment was as Director of the Department of Nursing Services at Strong Memorial Hospital in Rochester, N. Y., a position she had held for 4 years. She is a graduate of Simmons College in Boston, and received a Master's Degree from Syracuse University in 1963. She has also served 2 years as Chief Nurse on the medical ship Hope, and was Director of Nursing Service at Concord Hospital in New Hampshire. She is also an Associate Clinical Professor of Nursing, Yale School of Nursing.

Mrs. Kenneth Trayser is Associate Director for Ambulatory Nursing Service. She is a graduate of the Columbia-Presbyterian School of Nursing, and holds the M.S. degree from Syracuse University. Mrs. Trayser was formerly Assistant Director of Ambulatory Nursing Services at Strong Memorial Hospital in Rochester, N. Y., and came to Yale-New Haven in September of 1967. She was appointed to her present position in September, 1968, and also is Associate Clinical Professor of Nursing, Yale School of Nursing.

Mrs. Trayser sees the primary role of the clinic nurse as that of a teacher, and not as a chaperone and escort through the clinics. To do this most effectively, there must be communication between doctor and nurse before the patient leaves the clinic. Determining the actual mechanics of achieving these two objectives - doctor-nurse communication and teach-

ing the patient how to insure that this will be done effectively - is Mrs. Trayser's task. One of the tools that will be used is group teaching, already done here to a limited extent with diabetics. The Women's Auxiliary of the hospital has provided a screen and projector for this purpose.

Another phase of Mrs. Trayser's responsibility will be to establish closer ties between the clinics and both the public health nursing services and the hospital wards. Follow-up calls to the VNA to find out how a patient is doing at home, or to pass along information about a clinic visit are examples. As for the wards, it is hoped that clinic nurses will help with patient discharges on the wards when they are referred for follow-up clinic visits.

It is the desire of the Ambulatory Nursing Service to help establish true "continuing care" of the patient served by the Yale-New Haven Hospital.

This 'N That

Mrs. George Hyde, former house-mother at Nathan Smith, reports her first great grandchild, age 6 months. She visits at Christmas time with her two families in Maine. Why not drop her a note? She would love to hear from all her alums. Her address is 10 Lessey St., Amherst, Mass. 01002. In an effort to get all Yale Alumni to more closely identify with Yale University, Yale will send the Alumni Magazine to alumni of all schools from now on, leaving out the undergraduate class notes on copies sent to graduate schools' alumni.

As soon as Yale announced this fall that it would become coed, the School of Nursing started receiving inquiries about enrollment in a basic program! A committee has been appointed to work out plans for just that, to be presented to the Corporation for approval.

The officers and directors of the alumnae association decided, at the January, 1969, board meeting, that a Secretary for Publicity is needed on the board,

mainly to be responsible for putting out this Newsletter. Voting to change the constitution will be carried out this spring.

It was announced recently in the papers that the Catholic Church on the corner of Davenport and Cedar Streets has been sold to Yale, thus permitting much needed expansion space for the hospital for the future.

Yale University School of Nursing and the Community

The problems of individuals and families with mental disorders are the problems of the community, and not just isolated happenings. This necessitates adding several dimensions to psychiatric nursing: the dimensions of the family, the community, and the environment in which the patient and his family live. Populations, therefore, have also become patients in the new psychiatry, and the preventive responsibility of concerned professionals have assumed a new priority and emphasis in practice.

At the Yale School of Nursing the definition of practice in the community has expanded and will continue to expand to meet the needs of the community it serves. This expansion is particularly possible because the school finds itself in a university which is feeling the new pressure from business, from the federal government, from state and local communities beyond training of professional manpower to undertake an institutional commitment to work on unsolved social problems. Four means to this end have been proposed and are being implemented. The first is to make it easier for faculty, staff and students to contribute their own time, talent, and energy as volunteers, consultants, or as salaried workers on city problems. Second, is the potential development of graduate research and educational programs on the problems of the city. The final two means involve also the university through the assistance given to the community to obtain outside support from the government and foundations for programs, and through sponsor-

ship of civic organizations whose functions may well not be academic.

Of significance in advancing the relationship of the School of Nursing and the community is the internal structure of the School of Nursing, which facilitates the joint appointment of its faculty to such clinical facilities as the Connecticut Mental Health Center, Orange Street Clinic and Yale Psychiatric Institute. Basic to these appointments is the philosophy that practice, teaching and research should be integrated and have relevance to the current issues and needs of the day. Evolving from this philosophy is the opportunity for each clinical specialist and each student to function as both a committed professional and a concerned citizen. This latitude allows innovation, creativity, and commitment on the part of faculty and students leading to some very dynamic interventions. Examples of only a few are:

a. "I'm fighting for some place for my children to go, a decent place for them which would mean that they are being properly cared for. Then I could get a job which would mean becoming self supporting to stand on my own, to let my children know that there is a thing called independence."

These are the words of fifty determined Hill mothers who organized themselves into a community group: Operation Child Care. Within the brief period of two months, this group of mothers had laid the groundwork for an important community service program. Three graduate students (Sherry Shamansky, Diane Taillie and Nancy Koehne) became involved with Operation Child Care as part of a class assignment to look at and assess presently existing health services in the Hill, a ghetto community and to explore possible ways of improving mental health. They have demonstrated that youth and enthusiasm, tempered by intelligence and guidance can facilitate change, and that educational experiences can foster relationships between the School and the community.

b. Several months ago a cooperative project began, involving the Home-maker Service Bureau of New Haven

and the Consultation Unit of the Connecticut Mental Health Center. Miss Beatrice Riss, Clinical Specialist, consulted with the group and lead them through several weeks of intensive study to help them develop an increased understanding of human behavior, and to sensitize them to the particular needs and problems of mental patients and their families.

c. Dr. Joan Backscheider, Clinical Specialist and Martha Harrell, as part of the Community Division have been involved in a project concerned with housing and the adequacy of living conditions of people in New Haven.

d. On the Hill-West Haven Unit the Clinical Specialist is an active member of the Addict Treatment Committee. The committee developed as a treatment team of volunteers, representing all clinical disciplines, and was charged with formulating and implementing a comprehensive treatment program. The program developed and involved the pre-hospital, hospital and aftercare of drug dependent people being withdrawn from drugs. Innovation, commitment and constant evaluation were the tasks of the committee. Since the program's onset some gains have been realized. The lag between discharge and return to drugs is longer. The addicts' attitude towards the treatment agency has been altered. As a result many re-users have been brought into the newly formed methodone maintenance program, while others have attempted withdrawal a second time with great success.

e. Community involvement to Betty Armacost, Yale Graduate Student, means people involvement. People involvement for her has meant surprises, disappointments and satisfactions. She started with a simple idea, organizing a community action group to meet the psychological needs of the isolated elderly in the community through establishment of a home visiting service. Following a series of surprises in the form of unexpected support and community response and disappointments in the form of unexpected rejections, the community group is now an ongoing concern with their own identity, elected officers and plans for expansion of services and recruitment of more visitors. Her own satisfaction has come from being "expendable." She has

been elected by the group to the position of "Advisor, pro tempore."

The above examples demonstrate the position faculty and students have taken through education, consultation, social action, and treatment. With sanction from the community and the school, both faculty and students are creatively defining the relationship between education and practice as it relates to the community.

By Phyllis Parnes, M.S.N.
Instructor in Psychiatric
Nursing, Yale School of Nsg.;
Clinical Nurse Specialist,
Conn. Mental Health Center

NEWS RELEASE

Just as this Newsletter was going to press, it was announced by Dean Arnstein that a graduate program in pediatric nursing will be added to the YSN curriculum in September, 1970, and that Katherine Buckley Nuckolls, M.N. Yale 1941, will head the new program. She will join the school in the fall of 1969 to recruit faculty and interview candidates for the program, in addition to lecturing. She is currently completing work for her doctorate in epidemiology at the Univ. of North Carolina.

Pediatric nursing is the fourth specialty area to be added to the YSN curriculum, which leads to the degree of Master of Science in Nursing (M.S.N.). The others are public health nursing, psychiatric nursing, and maternal and newborn health care.

Vital Statistics

In Memoriam Prof. Ruth Gilbert,
'27 B.N., '44 M.A. 12/8/68
Mrs. M. Barry Watson (Mary Mervynne) ex '35 N. 12/15/68
Mrs. Sydney S. Byrne (Virginia Case)
'37 M.N. 11/29/68
Mrs. Frederick B. Hartman (Isabella Haskins) '38 M.N. 12/10/68

Marriages - Katherine Davis, '48 M.N., to John Thomas Foster, on Thanksgiving Day, 1968. New address, 1601 Mont Road, Deerfield, Illinois 60632.

Elaine A. McEwan, '68 M.S.N. to R. Kenneth Carty, December, 1968. New address, 1155 Regent St., Apt. 19, Fredericton, New Brunswick.

Virginia Gramzow, '67 M.S.N., married Bernard Kinnick on August 24, 1968. New address, 1009 13th Ave., Apt. 101, Greeley, Colorado 80631.

Joan Cost, '67 M.S.N., married Lee Robert Lester on September 14, 1968. New address, Apt. II 1, Viale Marconi 61B, Rome, Italy.

Betty Jean Gray, '42, now Mrs. Bernard G. Fehsenfeld. Address, 2056 N. Seminary Ave., Chicago, Illinois 60614. Gloria Rea, '53, now Mrs. John V. Clark. Address, 203 W. 90th St., New York, N.Y. 10024.

Births - Mrs. Franklyn L. Henry (Carrie Conser) '68 M.S.N., boy, Dec. 6, 1968. Mrs. James Joubert (Andrea Granitsas) '68 M.S.N., boy, December, 1968.

Class Notes

Most of these were gleaned from the Questionnaires sent out in 1967 for the recent Alumnae Directory, so they may not all be "news". The Alumnae Association urges you to send news about yourself and classmates to 310 Cedar Street, so that we may have some up-to-date class notes. And if you did not get a copy of the Directory, mailed last Fall, please let us know and we will send you one. They are issued every 5 years.

1927

Mrs. Norman L. Torrey (Elizabeth Bixler), Dean Emeritus YSN, is a member of the Board of Trustees and Clerk, of the Monadnock Community Hospital, Peterborough, New Hampshire.

1929

Mrs. Carolyn Widmer (Carolyn T. Ladd), Dean Emeritus, U. of Conn. School of Nsg., is Executive Sec'y, Sigma Theta Tau, Nat'l Honor Society of Nsg., Storrs, Conn. She retired September, 1967, after 25 years as the first Dean of the U. Conn. School of Nsg.

1930

Hazel H. Bowles is retired, and busy

with church activities and the FISH program, a neighbor to neighbor project to help others in need.

1931

In June of 1966, 19 members of the class of 1931 met for their 35th reunion at the cottages of Lois Bliss and Helen Wersebe on Lake Winnisquam, New Hampshire. They came from 12 states, some from as far away as Oregon, California and Arizona. They hope more can join them for their 40th. Mrs. Edward H. Dithridge (Eileen Ditchborn) plans to retire August, 1969, from her position as Assistant Professor and Coordinator of Public Health Nsg. at the Univ. of Pittsburgh School of Nsg. She has two grandchildren. Dorothy Merrill Aldrich has been in nursing in Idaho continually since graduation, including teaching nursing for 10 years and being a nursing director for 7 years. She is semi-retired now, working part-time, active in community affairs and taking time to travel. She has "enjoyed being a part of the growth and development of Idaho and in living there".

1932

Mrs. James A. Stringham (Charlotte Wild) writes from Lucknow, India, where she is chief social worker at the Nur Manzil Psychiatric Clinic. Her 4 children are married and she has 12 grandchildren. She and her husband were in China from 1933 to 1944, went to India in September, 1961, were in the U.S.A. from June, 1966 to July, 1967 and now expect to be in India until 1971 or 1972, when they will retire, although "no one knows whether missionaries will last that long here...". She says she has done no nursing since graduation except on family and colleagues, but will always be grateful for the Yale training.

1933

Mrs. Jean F. Rogier (Verna Smith) lives in Dacca, East Pakistan, where her husband is a doctor with the U.S. Government Agency for International Development.

1938

Mrs. Bradford Simmons (Margaret Yelland). In the summer of 1967, she and her husband (Yale Medical School

'39) spent a month as medical missionaries at a Quaker Hospital in Kenya, East Africa. She had taken a nurses' refresher course and plans to work part time as a staff nurse in a local hospital in Belvedere, Calif.

1945W

Mrs. B. Felix Meinikheim (Julia Wolverton), is working as a nurse part-time and studying part-time in Pocatello at Idaho State University. Eventually, she plans to work in the Boise area, to be near home.

1946

Mrs. Crawford Thayer (Barbara Evans), is now Director of Nurses at Fairhaven in Whitewater, Wisc. (A very large, beautiful retirement home and infirmary).

1947

Druscilla Poole, now a Colonel and Director, Walter Reed Army Institute of Nursing, Walter Reed Army Medical Center.

1948

Mrs. Lyal D. Asay (Hope Houser) is in the 2nd year of the "perfect job", 9 AM to 1 PM as school nurse for one of the local high schools. Her family has made many trips to Mexico, and recently, with two other families, they spent 2 weeks

hiking along the John Muir Trail with everything on their backs. Family includes 5 children, 2 of them in college. Mrs. Rex B. Conn, Jr. (Victoria Sellens) and her family have moved from Morgantown, W. Va., to the new city of Columbia, Md., midway between Baltimore and Washington. Rex is Professor and Director of Laboratory Medicine at Johns Hopkins. They are enthusiastic about the conveniences of living in this "planned city", and it has enabled her to practically retire from the taxi business.

1949

Fannie Dewar was appointed County Nursing Director, in the summer of 1968, in Green Cove Springs, Fla. Mrs. Richard D. Otis (Mary Hamlen) works as a volunteer nurse at the Planned Parenthood Clinic in Hartford and as a volunteer history nurse at the Red Cross Bloodmobile, Hartford.

Dean Emeritus Effie J. Taylor's 95th birthday is April 8th. She would love to hear from you at 310 Cedar Street, New Haven, Conn. 06510.

The Class Notes will be continued in the next issue.

YALE UNIVERSITY SCHOOL OF NURSING
ALUMNAE ASSOCIATION
310 Cedar Street, New Haven, Connecticut

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